

2019 CSAL TRACK GRADES 1-4

The annual CSAL Track Meet for grades 1-4 will take place on Saturday, May 18, at The Grace Center, 1655 Pirate Heights Drive. The event will begin at 3:00.

If your child in grades 1-4 is planning to participate, please fill out the attached permission slip and return it to the elementary office by Wednesday, May 8. There is a \$5 participation fee, which covers all costs associated with the meet including admission for all participants and spectators. Please pay cash or make checks payable to C.S.A.L. Since Mrs. Schaap will be on the 5th grade trip to Santa Fe, she will not be able to take forms later than May 8. **(5-6 grades use a different form)**

The chart below shows the event options for grades 1-4. Each athlete may participate in up to 5 events (Tug O' War does NOT count as one of those five). The Athletic Director will work together with the students and parents to choose events appropriate for each participant. Ribbons are given to the first 4 finishers in each field event, and the first 4 finishers in all heats of running events. They will take their ribbons home that evening.

There will be an informational meeting on Monday, April 29 from 2:30-3:00 in the elementary gym that a parent should attend. Students will be practicing for the events during their PE classes.

HELP NEEDED

Adults are needed on the day of the track meet to help run the softball throw, and to help children get to their events. Please volunteer to help with one of these tasks!

I would like to help during the track meet with the following tasks:

Staying in the team area to give students stickers and provide information.

Helping with the softball throw.

Helping kids line up on the track.

Helping the following groups get to their events:

1st grade

2nd grade

3rd grade

4th grade

I, _____ give my child, _____
 permission to participate in the 2019 1st-4th CSAL track meet. In case of emergency

please contact _____

phone number _____ relationship _____.

I hereby consent to emergency medical treatment, hospitalization or other medical treatment as may be necessary for the welfare of the above named child, by a physician, qualified nurse, and/or hospital, in the event of injury or illness during all periods of time in which the student is away from his/her residence as a member of an interscholastic activity team or group, and hereby waive on behalf of myself and the above named child any liability of the Christian School Athletic League, any of its agents, or employees, arising out of such medical treatment.

 Signature of Parent/Guardian

 Date

EVENT OPTIONS:

1st and 2nd grades ONLY

3rd and 4th grades ONLY:

✓ here	EVENT
	Softball Throw
	Long Jump
	25M Dash
	50M Dash
	75M Dash
	4x25 Relay
	Tug O War

✓ here	EVENT
	Softball Throw
	Long Jump
	50M Dash
	75M Dash
	100M Dash
	4x50 Relay
	Tug O' War

No more than 4 running events per athlete.

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