

FALL SPORTS OPPORTUNITIES FOR GRADES 5-6 2010

The Christian Schools Athletic League Fall Sports season is quickly approaching and now is the time to plan for the upcoming season. Below is an overview of the season. If your child is interested in playing girls' volleyball return the attached form to the elementary office by Friday, August 20th.

WHO CAN PARTICIPATE?

Volleyball is open to girls in grades 5-6. The CSAL has moved the boy's soccer season to the Spring to avoid conflicts with football and enhance participation.

WHEN IS THE SEASON?

The season will begin with a parent meeting in the elementary gym on Monday, August 23rd from 2:30-3:00 PM. There will be two practices per week, tentatively scheduled for Mondays and Thursdays. There will be a pre-season tournament six regular season games or matches and a post-season tournament October 14th-16th.

WHAT IS OUR GENERAL PHILOSOPHY?

The C.S.A.L. provides students with the opportunity to learn life lessons associated with competitive athletics in an environment that integrates Christian values within the athletic program. Every player will play in every game unless they are ineligible. However, the amount of playing time is determined by the coach and should be based on "Standards for Participation" found in the parent-student handbook. These include; respect for facilities, attitude, strong work ethic, self-discipline and self-control, attentiveness and willingness to be coached, athletic skills, and academics.

WHAT ARE THE REQUIREMENTS FOR PARTICIPATION?

1. Return the form attached to the elementary office by August 20th.
2. Fill out an emergency sheet, which is available in the school office.
3. Have a current (within one year) sports physical on file. Physicals will be available at ECA the week of August 23rd.
4. The \$60 fee will be billed to your account.
5. Kneepads are required for volleyball.

Permission for Participation Volleyball 2010

My child, _____ has permission to participate on a 2010 ECA volleyball team.

We promise to abide by the information laid out in the CSAL handbook. This handbook is available online at eaeagles.org under elementary athletics. Or, a copy can be obtained in the elementary office.

We further acknowledge that participation in athletics requires strenuous exercise and sometimes includes a risk of injury, which may range in severity from minor to long-term catastrophic. We will obey all safety rules, report physical problems, follow our conditioning program and inspect our equipment.

We will provide a current (within one year) Sports Physical and current emergency information.

Parent Signature _____

Student Signature _____

In order to insure a positive experience for the athletes each family should choose at least one volunteer position below. If you choose more than one, rank them in order of preference. If you are uncertain about the positions this will be discussed at the parent meeting or contact Susan Hart 632-3227.

I am interested in being a:

head coach assistant coach scorekeeper

line judge snack coordinator party coordinator

Name: _____

Phone number _____ e-mail _____

