

**SPRING SPORTS OPPORTUNITIES FOR GRADES 1-6
2010**

The Christian Schools Athletic League Spring Sports season is quickly approaching and now is the time to plan for the upcoming season. The ECA wrestling team is open to boys in grades 1-6. ECA soccer is open to girls in grades 5-6. If your child is interested in wrestling or playing soccer, return the attached form to the elementary office by Friday, February 19th.

WHEN IS THE SEASON?

The season will begin with a meeting in the elementary gym at 2:30 on February 22nd. There will be two practices per week, tentatively scheduled for Mondays and Thursdays from 3:00 until 4:45. There will be 6 regular season games or matches and a post-season tournament April 15th-17th for wrestling and April 20th-24th for soccer.

WHAT IS OUR GENERAL PHILOSOPHY?

The C.S.A.L. provides students with the opportunity to learn life lessons associated with competitive athletics in an environment that integrates Christian values within the athletic program. Every player will play in every game unless they are ineligible. However, the amount of playing time is determined by the coach and should be based on "Standards for Participation" found in the parent-student handbook. These include; respect for facilities, attitude, strong work ethic, self-discipline and self-control, attentiveness and willingness to be coached, athletic skills, and academics.

WHAT ARE THE REQUIREMENTS FOR PARTICIPATION?

1. Return the attached form to the elementary office by February 19th.
2. Fill out an emergency card, which is available in the school office.
3. Have a current (within one year) physical.
4. The \$60 fee will be billed to your account.
5. Shin guards are required for soccer and headgear for wrestling.

Permission for Participation in Spring Sports 2010

My child _____ has permission to participate in
___Wrestling ___ Soccer

We promise to abide by the information laid out in the CSAL handbook. This handbook is available online at eaeagles.org under elementary athletics. Or, a copy can be obtained in the elementary office.

We further acknowledge that participation in athletics requires strenuous exercise and sometimes includes a risk of injury, which may range in severity from minor to long-term catastrophic. We will obey all safety rules, report physical problems, follow our conditioning program and inspect our equipment.

We will provide a current (within one year) Sports Physical and current emergency information.

Parent Signature _____

Student Signature _____

In order to insure a positive experience for the athletes each family should choose at least one volunteer position below. If you choose more than one, rank them in order of preference. If you are uncertain about the positions this will be discussed at the parent meeting or contact Susan Hart 632-3227.

I am interested in being a:

___head coach ___assistant coach ___snack coordinator

___party coordinator ___score keeper (wrestling only)

Name: _____

Phone Number: _____ e-mail _____